How Does Double Up Food Bucks Work?

1. BRING your SNAP/EBT card to the farmers market info booth,

2. BUY SNAP/EBT eligible foods at the farmers market

3. DOUBLE UP!! Receive up to $10 in Double Up Food Bucks to use toward locally grown fruits & veggies

Double Up Food Bucks Help:
- Families save money on fruits & vegetables
- Farmers get a financial boost
- Local economies thrive

Have questions? Visit iowahealthieststate.com/double-up-food-bucks or contact your local farmers market
DOUBLE UP!

At Your Local Iowa Farmers Market

- Winneshiek Farmers Market | Decorah
  Oneota Co-Op parking lot, 312 W. Water St.
  May 3rd to Oct. 28th | Wed: 3pm-6pm & Sat: 8am-11am

- Dubuque Farmers Market | Dubuque
  1300 Iowa St. | May 6th to Oct. 28th | 7am-12pm

- Waterloo Greens to Go Mobile Market | Waterloo
  Mobile produce stand June through Oct. | Hours and locations vary

- Iowa City Farmers Market | Iowa City
  Chauncey Swan Park, 405 E. Washington St.
  May to Oct. | Wed: 5pm-7pm & Sat: 7:30am-12pm

- Red Earth Gardens | Tama
  1401 305th St | Visit the farm June through Oct.

- Grinnell Farmers Market | Grinnell
  Broad St | May 11th to Oct. 14th | Thurs. 3-6pm & Sat: 8am-12pm

- Spencer’s Riverfront Farmers Market | Spencer
  Riverfront District - Downtown | June 3rd to Oct. 7th | Sat: 8am-12pm

- LSI Global Greens Farmers Market | Des Moines
  LSI parking lot, 3116 University Ave. | May 20th to Oct. | Sat: 9am-1pm

- Drake Neighborhood Farmers Market | Des Moines
  24th Street between Cottage Grove & Drake Park Ave.
  June 1st to Oct. 12th | Thurs: 4:30pm-7:30pm

- Downtown Des Moines Farmers Market | Des Moines
  3rd St. & Court Ave. | May 6th to Oct. 28th | Sat: 7am-12pm

- Beaverdale Farmers Market | Des Moines
  4100-4200 Urbandale Ave | June 6th to Sept. 12th | Tues: 4:30pm-7:30pm

- Nourish Mobile Grocery | Des Moines
  Opens June 2017 | Orders in by 10am, customer delivery between 3-4pm same day | Visit www.NourishMobileGrocery.com to learn more

- Valley Junction Farmers Market | West Des Moines
  301 5th St. | May 11th to Sept. 28th | Thurs: 4pm-8pm