

9 AM

Welcome

- Jami Haberl, MPH, MHA | Executive Director | Iowa Healthiest State Initiative
- Rob Denson | President | DMACC
- Julie Enga, RD, LD, TWCC | Team Leader | Employer Consulting & Well-being Services, Wellmark Blue Cross and Blue Shield

9:15 AM

**Building Emotional and Change Agility
in People and Organizations**

- Dr. Rosie Ward | Ph.D., MPH, MCHES, BCC, CIC*, CVS-FR, CEO/Co-Founder | Salveo Partners, LLC

10:15 AM

Break & Exhibitor Hall

10:30 AM

Burnout: How to Identify It, Prevent It and Overcome It

- Rachel Rockwell | Director of Organizational Development and Partnerships | Central City Development Corporation
- Tony Wilson | Co-founder and Director of Curriculum Development and Transformation | Central City Development Corporation

11:30 AM

Campus Walk

- Cecelia Ploetz | Trail Point Aquatics & Wellness

12 PM

Lunch

12:30 PM

Strategies from Healthiest State Workplace Award Winners

- Moderated by Becky Woody | President | HealthPartners UnityPoint Health
- Jenny Sharrick, MPH | Director of Public Health Services | FAMILY, Inc.
- Cole Horton | Human Resources Generalist - Corporate Trainer | Merchants Bonding Company™
- Ashley Adams, BS, MOS, OTR/L | Director of Rehabilitation & Occupational Therapist | Optimae Rehabilitation Services

1:30 PM

Break & Exhibitor Hall

1:45 PM

**The ESG (Environmental, Social, Governance) Era is
Upon US. Are You Ready for The ESG Ripple Effect?**

- Lou Raiola | Founder/CEO | ESG Solutions Group
- Michelle Weil | Organizational Engagement Consultant | ethOS

2:45 PM

Exhibitor Hall & Yoga

- Jolene Vos | Trail Point Aquatics & Wellness

3 PM

Could the Secret to Retention Really be Financial Well-Being?

- Peter Dunn a.k.a Pete the Planner® | Chief Executive Officer | Your Money Line